

# Elke's Citrus Body Wash



Thank you for choosing to purchase one of my products. As with all products containing Essential Oils, please check ingredients if you have any sensitivities to certain Oils. Generally contraindications for Essential Oils refer to when the Oil is used at 100% strength. My products are always heavily diluted in a base product such as Shea Butter; Moisturiser; Shampoo Base etc. If you are unsure, please check with your doctor before using any of my products.

Elke's Citrus Body Wash is made on a Palm Oil Free Gel Base. It is a thick, deeply cleansing, yet non-drying natural shower and bath gel base with excellent foaming ability. It is free of SLES, Parabens, PEGs, and Grapefruit Seed Extract.

Pink Grapefruit: (NaturalNews) Pink Grapefruit Essential Oil is cold pressed from the rind of the grapefruit. This beneficial essential oil is not only a cleansing and revitalizing oil, but its bright aroma energizes and uplifts the spirit. Pink Grapefruit is also known to stop cravings for sweets.

Pink Grapefruit essential oil is also useful for enhancing self esteem. After inhalation, one will feel a sense of empowerment. It is not unusual for people to actually recapture childlike joy after inhaling Pink Grapefruit oil. The urge to skip down the street or jump on the bed would not be unheard of!

If Pink Grapefruit oil is applied topically, it can have beneficial toning and astringent effects. It has also been proven to stimulate the lymphatic system. In this way it helps the body remove toxins. It makes an excellent body tonic because it increases circulation and it tones skin cells.

Orange Essential Oil: It serves as a detoxifier, boosts immunity, treats constipation and dyspepsia and is very good for maintaining healthy, smooth and glamorous skin. It also helps to cure acne and dermatitis.

Rosewood: It rejuvenates the skin and keeps it looking healthy and young. It can be useful in the treatment of nausea, vomiting, cough and cold, stress, wrinkles, skin diseases, and acne. It is also an ideal natural deodorant, driving away the bad odor, making you feel refreshed, and keeping you safe from bacterial infections.

Clary Sage: There is an ester present in Clary Sage essential oil called linalyl acetate, which reduces skin inflammation and heal rashes. Furthermore, it balances and regulates the production of natural oils in the skin, reducing both oily and dry skin and makes your skin look young and beautiful. It is recommended to be used directly, or mixed into a carrier agent like almond oil to facilitate maximum absorption and effect.

**Please note: Individual results may vary.**

**Price: 250mls = \$20.00**

**Postage = \$10.00 for under 500 grams**

Payment can be made by Paypal or direct deposit or you can order online at the website.

Account details for direct deposit are:

**Account Name:** Elke's Oils

**Bsb:** 084 383

**A/c:** 14 676 2403

For further orders, questions, or feedback, please visit Elke's Oils at [www.elkes.com.au](http://www.elkes.com.au)